



DRAFT Aberdeen City Suicide Prevention Action Plan to March 2025

Aberdeen City Health and Social Care Partnership have produced this action plan with the intention to meet the outcomes outlined in the new national suicide prevention 10 year strategy, 'Creating Hope Together' and the national 3 year action plan. [Creating Hope Together: Scotland's Suicide Prevention Strategy 2022-2032 \(www.gov.scot\)](#). This is a whole lifespan strategy.

We have outlined our aims which we will carry out until March 2025. These tasks have been developed with a wide range of stakeholders such as Police Scotland, Public Health Scotland, Housing and Third Sector providers. One key priority this year is the development of years 2 funding and beyond to further progress this action plan. This will be done using a co-production approach alongside our commissioned suicide prevention partners, SAMH (Scottish Action for Mental Health).

This plan should be considered as a live document which will continue to be reviewed and where appropriate modified in consultation with the Monitoring and Delivery Groups including further definition of milestones against each action/task. All updates and progress will be reported back to the relevant governance bodies. We will take direction and use national strategies, and the data and evidence which it gives to monitor the impact of our local change.

Further national and local performance measures may be added to this action plan as they are developed and become available. Opportunities to compare our actions with the other areas will be sought. As such collaborative work will help development of measurable outcomes.

The Key themes are Building Community Capacity, Data Analysis and Risk Reduction in Aberdeen City, Local Outcome Improvement Plan (LOIP) and future funding. These will be explained in detail below.



Key Theme 1, Building Community Capacity Aims: Build capacity within Aberdeen City communities for suicide prevention by reducing stigma around suicide, raising awareness and educating/training different groups around the City.

Task	Goal	Responsibility	Timescale	Measurable/Progress
1.1 SAMH sub-groups; Building Communities and Capacity, Bereavement, Lived Experience, Children and Young People and Data Analysis and Reduction of Risk.	Ensure representation of SAMH 5 sub-groups involving community members from throughout Aberdeen City.	SAMH, Aberdeen City Suicide Prevention Delivery Group and NESPLG.	Ongoing	Identify any gaps within these groups and seek appropriate members.
1.2 Attendance and promotion of suicide prevention at local campaigns/initiatives/events	To raise awareness of Suicide Prevention City wide and ensure the community has access to resources.	SAMH, Aberdeen City Suicide Prevention Delivery Group and NESPLG.	Ongoing as various events held throughout the year.	To monitor and promote the events planner, literature, share experiences of events with the group.
1.3 Training delivered by SAMH (ASIST, Introduction to Suicide)	To ensure SAMH training opportunities are widely distributed and accessible in Aberdeen City.	SAMH, Aberdeen City Suicide Prevention Delivery Group and NESPLG.	Ongoing	To monitor the numbers in terms of Aberdeen City community members.
1.4 To have a digital presence available for those who use social media platforms/apps.	To promote and share information on existing platforms such as Facebook and Instagram. To	SAMH, Communications teams, Aberdeen City Suicide Prevention Delivery Group and NESPLG.	Ongoing	To monitor the number of interactions with posts, clicks, views etc on a Grampian wide basis.



	encourage people to use the Grampian wide Suicide Prevention App.			
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Key theme 2, Data Monitoring Aims: Police Scotland to provide data on deaths by suicide detailing locality, method, ages and potential triggers.

Task	Goal	Responsibility	Timescale	Measurable/Progress
2.1 Police Scotland to feedback current data in relation to suicides in Aberdeen City.	To identify trends or groups of people locally and put in adequate resources to these people.	Police Scotland, SAMH, Aberdeen City Suicide Prevention Delivery Group.	Monthly	If specific target groups are identified to plan interventions and feed back to the group.
2.2 To potentially pilot a new system called QES for death reviewing.	This will be a multi-agency collaboration to understand, derive lessons from, and take action to reduce suicides. This will be first in Scotland	Public Health Scotland, Police Scotland, SAMH, Aberdeen City Suicide Prevention Delivery Group and NESPLG.	Ongoing	To be decided. To ensure current Information Sharing Agreements (ISA's) are still current with partners and Information Governance.

Key theme 3, Local Outcome Improvement Plan (LOIP) Aims: We will continue to work closely with the Aberdeen City LOIP. In terms of Stretch outcomes 10.1 "Reduce the 5-year rolling average number of suicides in Aberdeen by at least 5% by 2026".

Task	Goal	Responsibility	Timescale	Measurable/Progress
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<p>3.1 Work closely with Community Planning Partnership (CPP) in the LOIP's new aim.</p>	<p>Monitor and review the Stretch outcome 10.1 "Reduce the 5-year rolling average number of suicides in Aberdeen by at least 5% by 2026"</p>	<p>RIS group and Aberdeen City Suicide Prevention Delivery Group</p>	<p>LOIP is for 2 years until 2026.</p>	<p>Use of local police data (as outlined above), health intelligence and national data. Project charter and regular updates to LOIP.</p>
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Key theme 4, Aim: Ensure funding is available to continue provide local action on Suicide Prevention in Northeast and in particular Aberdeen City.

Task	Goal	Responsibility	Timescale	Measurable/Progress
<p>4.1 Work closely with Scottish Government and multi-agency partners to ensure funds are available post March 2025.</p>	<p>Monitor and review the funding agreements. Be involved in contracts monitoring and procurement exercises should further funding become available.</p>	<p>Scottish Government, Grampian Suicide Prevention Oversight Group, Commissioning teams, SAMH, Aberdeen City Suicide Prevention Delivery Group and NESPLG.</p>	<p>March 2025</p>	<p>Ensure regular attendance to quarterly contracts monitoring meetings.</p>